














September 2018

Children's Cardiomyopathy Awareness Month Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1  Spread the word through social media
2  Wear CCF merchandise	3  Share a heart fact	4  Educate the school with back-to-school kit	5  Share a heart fact	6  Honor a heart kid	7  Join the discussion on CCF's Connect	8  Share a heart fact
9  Register for CCF's Walk for a Cure	10  Distribute CCF's education materials	11  Share a heart fact	12  Give a school presentation	13  Share a fact	14  Honor a heart kid	15  Work on Girl/Boy Scout community project
16  Honor a heart kid	17  Join the Expert Q&A on CCF Connect	18  Honor a heart kid	19  Share a heart fact	20  Become a CCF Ambassador	21  Share a heart fact	22  Honor a heart kid
23  Share a heart fact	24  Review risk factor sheet with family	25  Participate in the AED Scavenger Hunt	26  Honor a heart kid	27  Write your legislatures	28  Honor a heart kid	29  Share a heart fact
30  Celebrate the month at Walk for a Cure	 Learn & Share  Take Action  Show & Tell					

For more information about Children's Cardiomyopathy Awareness Month and each day's awareness activity, visit childrenscardiomyopathy.org/awareness2018