



**LIVING WITH CARDIOMYOPATHY: A FAMILY CONFERENCE**  
(draft agenda)

**Friday, October 11, 2019**

5:00 p.m. - 6:30 p.m. Welcome Reception

**Saturday, October 12, 2019**

8:30 a.m. - 9:30 a.m. Registration and Breakfast

9:30 a.m. - 9:45 a.m. Welcome Remarks

9:45 a.m. - 10:05 a.m. Current State of Medical Management

10:05 a.m. - 10:25 a.m. Developments in Research and Clinical Trials

10:25 a.m. - 10:45 a.m. Physician Q & A Session

10:45 a.m. - 11:00 a.m. Coffee Break & Attendees select meeting track

**PEDIATRIC TRACK**

**ADULT TRACK**

<b>Time</b>	<b>Topic</b>	
11:00 a.m. - 11:10 a.m.	Overview & Family Resources	Overview & Resources
11:10 a.m. - 11:30 a.m.	Medical & Surgical Management	Medical & Surgical Management
11:30 a.m. - 11:50 a.m.	Exercise & Sports Guidelines	Exercise & Sports Guidelines
11:50 a.m. - 12:10 p.m.	Teen Years & Transition to Adult Care	Living with Your Disease Long Term
12:10 p.m. - 12:30 p.m.	Patient & Physician Panel	Patient & Physician Panel

12:30 p.m. - 1:40 p.m. Lunch & Presentation on Finding Inspiration with Medical Challenges

1:45 p.m. - 2:15 p.m. Breakout Session 1

2:20 p.m. - 2:50 p.m. Breakout Session 2

2:55 p.m. - 3:25 p.m. Breakout Session 3

3:30 p.m. Conference Concludes

<b>Pediatric Track Breakout Sessions</b>	<b>Adult Track Breakout Sessions</b>
Nutrition and Diet	Genetic Testing and Family Screening
Taking Control of Healthcare (for parents and teenagers)	VAD and Transplant
School and Camp Considerations	Exercise and Sports
Coping Strategies	Coping Strategies (for patients and their partners)
Heart Anatomy (open to both tracks)	